



Week Three Menu

Weeks commencing: 20th June, 11th July, 5th Sept, 26th Sept, 17th Oct 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Ham Cheese & Tomato Pizza served with diced potato	Homemade Cottage Pie served with warm Baguette	Roast Breast of Chicken with Roast Potatoes & Gravy	Pork Sausages with Tomato Pasta	Cod Fish Fingers served with Chips
VEGETARIAN	Cheese & Tomato Pizza served with Diced Potato	Pasta with Homemade Tomato Sauce and grated cheese	Roast Vegan Quorn Fillet served with Roast Potatoes & Gravy	Vegetable Chow mein	Vegetable Sausage served with Chips
JACKET POTATO	Jacket Potato served with Grated Cheese, Tuna Mayo or Baked Beans	Jacket Potato served with Grated Cheese, Tuna Mayo or Baked Beans	Jacket Potato served with Grated Cheese, Tuna Mayo or Baked Beans	Jacket Potato served with Grated Cheese, Tuna Mayo or Baked Beans	Jacket Potato served with Grated Cheese, Tuna Mayo or Baked Beans
SIDE DISH	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans Peas
DESSERTS	Vanilla Ice cream	Chocolate Sponge with Custard	Oat Cookie	Chocolate & Orange Shortbread	Fruity Friday

AVAILABLE DAILY: Choice of Wholemeal Bread, Fresh Salad Bar, Fresh Fruit, Yoghurt, Cheese and Biscuits and Fruit Jelly
Sandwiches : Daily choice of Ham, Cheese or Tuna Mayonnaise



From 6th June 2022
to
20th October 2022

School Lunch menu

Food for Life

With this menu we continue with our achievement of Food for Life menu which briefly means your children are being provided healthy, well balanced and professionally created lunches made from the highest ingredients including free-range, organic and MSC certified fish.

For more information on the award please visit foodforlife.org.uk/schools

Our Menu

Our menus meet or exceed government food standards for school meals. Do not include fish on the Marine Conservation Society 'Fish to Avoid' list. Only contain British HMC certified assured meat. Are not free.





Weeks commencing: 6th June, 27th June, 18th July, 12th September, 3rd October 2022

Week One Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pork Sausage served with Mashed Potato and Gravy	Pasta Bolognaise	Roast Breast of Chicken with Roast Potatoes & Gravy	Chicken served with a Tasty Tomato sauce and Fluffy Rice	Fish Fingers served with Chips
VEGETARIAN	Quorn Vegan Sausage served with Mashed Potato and Gravy	Macaroni Cheese	Roast Vegan Quorn Fillet served with Roast Potatoes & Gravy	Vegetable Curry with Fluffy Rice	Cheese & Tomato Pizza with Chips
JACKET POTATO	Jacket Potato served with Grated Cheese, Tuna Mayo or Baked Beans	Jacket Potato served with Grated Cheese, Tuna Mayo or Baked Beans	Jacket Potato served with Grated Cheese, Tuna Mayo or Baked Beans	Jacket Potato served with Grated Cheese, Tuna Mayo or Baked Beans	Jacket Potato served with Grated Cheese, Tuna Mayo or Baked Beans
SIDE DISH	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans Peas
DESSERTS	Oat Cookie	Iced Sponge with Custard	Vanilla Icecream	Shortbread	Fruity Friday

AVAILABLE DAILY: Choice of Wholemeal Bread, Fresh Salad Bar, Fresh Fruit, Yoghurt, Cheese and Biscuits and Fruit Jelly
Sandwiches : Daily choice of Ham, Cheese or Tuna Mayonnaise



Weeks commencing: 13th June, 4th July, 29th August, 19th September, 10th October 2022

Week Two Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Beefburger with Homemade Jacket Wedges	Homemade BBQ Chicken served with Fluffy Rice	Roast Gammon with Roast Potatoes & Gravy	Beef Lasagne served with Garlic Slice	Fish Fingers served with Chips
VEGETARIAN	Veggie Burger with Homemade Jacket Wedges	Homemade BBQ Bean Wrap served with Fluffy Rice	Roast Vegan Quorn Fillet served with Roast Potatoes & Gravy	Cheese & Tomato Pizza with Garlic Slice	Vegetable Lasagne served with Chips
JACKET POTATO	Jacket Potato served with Grated Cheese, Tuna Mayo or Baked Beans	Jacket Potato served with Grated Cheese, Tuna Mayo or Baked Beans	Jacket Potato served with Grated Cheese, Tuna Mayo or Baked Beans	Jacket Potato served with Grated Cheese, Tuna Mayo or Baked Beans	Jacket Potato served with Grated Cheese, Tuna Mayo or Baked Beans
SIDE DISH	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans Peas
DESSERTS	Flapjack	Jam Sponge with Custard	Shortbread	Apple Crumble with Custard	Fruity Friday

AVAILABLE DAILY: Choice of Wholemeal Bread, Fresh Salad Bar, Fresh Fruit, Yoghurt, Cheese and Biscuits and Fruit Jelly
Sandwiches : Daily choice of Ham, Cheese or Tuna Mayonnaise